

Frozen Family Dinners

Meals ready to thaw and reheat at home

To Order call 6386 3316 or 0417 763778

Friday to Monday 9am - 3pm

Beef Lasagne

Lasagne is a real comfort food for the whole family. This 1.2kg Lasagne will feed a family of four to six. Serve with a fresh garden salad for a filling Lunch or Dinner.

Serves 4-6

You get a 1.2kg Family size Lasagne

\$28



Spiced Sweet Potato Fritters

Bring a little spice to your meals with these Indian inspired sweet potato patties. Gluten Free and Vegetarian, Our Fritters have a hint of Cumin and spices.

Serves 3

You get 6 Sweet Potato Fritters , 1 Tub Hummus, 1 Tub Barnesstore Pickled onions and Smoked olive Oil

\$20

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Penang Duck Curry

Local Duck pieces in a fragrant Penang Curry sauce, with Curried Vegetables and Steamed Jasmine Rice.

Serves 6-8

You get a 1kg Duck Curry , 1KG Vegetable Curry and 700g Steamed Jasmine Rice

\$40



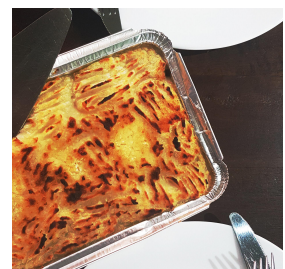
Cottage Pie

Premium Beef mince with vegetables and Red Wine topped with creamy garlic potato mash

Serves 4-6

You get a 1kg Family size Cottage Pie

\$25



Chicken & Vegetable Quiche

Roast Chicken and seasonal vegetables make this a hearty meal, just add salad for a great dinner.

Serves 4-6

You get a 1kg Family size Chicken & Veg Quiche

\$25

